

SPA TREATMENTS

We offer a selection of treatments in our beautiful spa and relaxation room. Choose from a range of massages, facials, hand and foot treatments using luxurious Africology products. We can also accommodate couples that would like to be treated at the same time.

LUXURIOUS BODY TREATMENTS

Rejuvenation Herbal Oil Massage

Full body treatment

You may choose from a range of Africology® aromatherapy-infused massage oils, which are warmly applied and massaged deeply into the body. This therapy is for relaxation as well as combating tension in stiff aching bodies.

	60min	R900
	90min	R1100

Intonga Amasatchi®

Full body treatment

Intonga Amasatchi® is a deep tissue and stress-relieving treatment. Skillful movements are performed with the hands, and differently sized wooden sticks are used to stretch tight muscles and ease toxic overload from daily stress. Symbolically, the stick represented wisdom and direction to the healer.

	75min	R1000
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Hot Stone Massage

Full body treatment

While providing additional pressure, the stones infuse muscles with warmth while easing up knots of tension and help rejuvenate the body. Oils are chosen by the therapist best suited for your skin to also hydrate the skin.

	60min	R900
	90min	R1100

African Wrap

Full body treatment

The body scrub includes natural, moisturizing ingredients which leaves skin smooth and healthy glowing followed by a body wrap which promotes detoxification, boosts metabolism and helps skin firming, cellulite reduction and skin softening.

	60min	R1200
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African Yoga Treatment

Full body treatment

The body scrub includes natural, moisturizing ingredients which leaves skin smooth and healthy glowing followed by a body wrap which promotes detoxification, boosts metabolism and helps skin firming, cellulite reduction and skin softening.

	60min	R900
	90min	R1100

PARTIAL BODY TREATMENTS

Majestic Awakening

Back, Neck, Shoulders and Head

The treatment is a perfect way to rest and relax. Starting at the feet, working all pressure points connected to the rest of the body, it leads up to the back, neck and shoulders. This specialized treatment will ease tension and stress through touch and aromatherapy.

30min R500
60min R800

Foot Massage

This foot treatment concentrates on the delicate areas of the feet, back, neck and shoulders. The therapist uses natural techniques of pressure points derived from traditional African medicine to stimulate and balance the body.

30min R500
60min R800

DELUXE FACIALS

Express Facial

Ideal for those in need of an instant boost, this facial instantly leaves the face luminous.

30min R500

HANDS AND FEET BEAUTY TOUCHES

Africology Manicure and Pedicure

For a beautiful relief from the high-energy nature of everyday life, join us for an experience with a difference. Your hands or feet will be massaged, your nails shaped and your skin richly hydrated with our all-natural products designed to undo the environmental damage.

Manicure	60min	R450
Manicure with Paraffin Wax	60min	R500
Pedicure	60min	R500
Pedicure with Paraffin Wax	60min	R600
French Manicure or Pedicure		Add R100
Kids Mani or Pedi	30min	R200